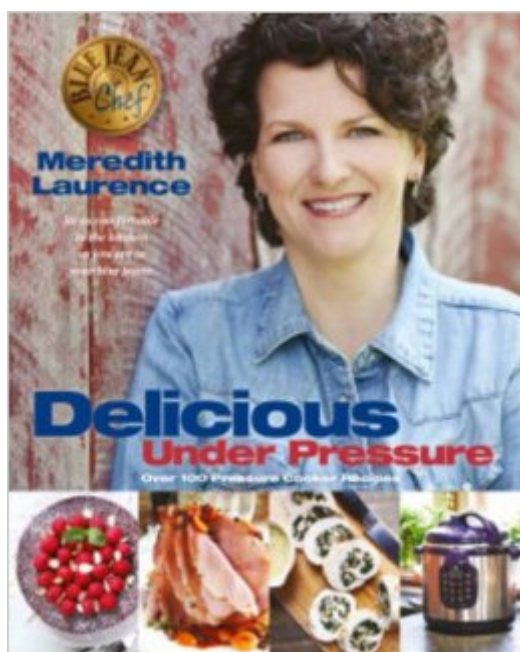


The book was found

Delicious Under Pressure: Over 100 Pressure Cooker Recipes (The Blue Jean Chef)



Synopsis

• Meredith Laurence's second pressure cooker cookbook is full of easy, flavorful, and unexpected pressure cooker recipes, making a pressure cooker a must-have appliance. The book covers the basics of pressure-cooking as well as offers more advanced recipes for more experienced cooks. The result is delicious and the bonus is time, with all these recipes taking one third of the time of traditional cooking methods. Don't settle for the same old pressure cooker foods. Get Delicious Under Pressure. Recipes include Tortilla soup, Spinach and Three Cheese Manicotti, Hunter's Beef Stew, Pork Carnitas, Thai Coconut Mussels, Portobello Mushroom and Zucchini Moussaka, Beets and Potatoes with Bacon, Blueberry Polenta with Bananas and Maple Syrup, and Brown Sugar Bourbon Bread Pudding, including all-new chapters on Vegetarian Main Courses and Breakfast Dishes. 121 recipes, over 110 photos, 248 pages w/ index. Copyright 2015. Printed USA.

Book Information

Series: The Blue Jean Chef

Paperback: 240 pages

Publisher: Walah! Llc (October 1, 2015)

Language: English

ISBN-10: 0982754000

ISBN-13: 978-0982754009

Product Dimensions: 7.2 x 0.8 x 9.1 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars • See all reviews (133 customer reviews)

Best Sellers Rank: #35,387 in Books (See Top 100 in Books) #37 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Pressure Cookers

Customer Reviews

I've had Meredith Laurence's latest cookbook, Delicious Under Pressure (from her Blue Jean Chef series) for just over a week. I've made several recipes that were well received by my husband and teenage son, and after making several recipes and reading through the book several times (yes, I "read" cookbooks) I am quite sure this will be a cookbook I will use with my Instant Pot DUO and Smart model electric pressure multi-cookers over and over. Just like Laurence's earlier Comfortable Under Pressure cookbook that I have used many times every week for over a year, Delicious Under Pressure is extremely well organized and easy-to-read while browsing and more importantly, while

cooking. Symbols in the Table of Contents and on the recipe pages denote which recipes are author favorites (BJC FAV), Vegetarian, and/or Super Easy. Pasta seems to be a big favorite in the Instant Pot community on Facebook; while I don't make pasta very often, there is an entire chapter for pressure cooker pasta recipes. My family loves meat, poultry and seafood, which have their own chapters, but the many vegetarian recipes in the non-meat chapters appeal to me as well; there is also a chapter for Vegetarian Main dishes, as well as one for vegetable side dishes. The first recipe I made was a side vegetable dish, Cumin Carrots with Kale. The recipe photo of diagonally sliced bright orange carrots tossed with contrasting green chopped kale was riveting; the preparation was a breeze (I subbed grassfed ghee for the olive oil). My family thought it was delicious. They usually eat kale without much comment, but they don't ever go back for seconds, nor do they often describe anything that includes kale as delicious, but both occurred with that recipe.

[Download to continue reading...](#)

Fast Favorites Under Pressure: 4-Quart Pressure Cooker recipes and tips for fast and easy meals by Blue Jean Chef, Meredith Laurence (The Blue Jean Chef) Pressure Cooker Cookbook: 100 Quick, Easy, and Healthy Pressure Cooker Recipes for Nourishing and Delicious Meals (Pressure Cooker Recipes, Pressure Cooker) (Volume 1) Delicious Under Pressure: Over 100 Pressure Cooker Recipes (The Blue Jean Chef) Pressure Cooker Cookbook: 370 Quick, Easy, and Healthy Pressure Cooker Recipes for Amazingly Tasty and Nourishing Meals (Pressure Cooker, Electric Pressure Cooker Cookbook) Comfortable Under Pressure: Pressure Cooker Meals: Recipes, Tips, and Explanations (The Blue Jean Chef) The Best Slow Cooker Recipes & Meals Cookbook: Over 100 Healthy Slow Cooker Recipes, Vegetarian Slow Cooker Recipes, Slow Cooker Chicken, Pot Roast ... Recipes, Slow Cooker Desserts and more! Air Fry Everything: Foolproof Recipes for Fried Favorites and Easy Fresh Ideas by Blue Jean Chef, Meredith Laurence (The Blue Jean Chef) Quick & Easy Recipes: Over 50 Simple and Delicious Vegan & Vegetarian Rice Cooker Recipes That Anyone Can Make! Recipes for Weight Loss & Overall ... (Rice cooker Recipes - Rice Cooker Cookbook) Emeril's Cooking with Power: 100 Delicious Recipes Starring Your Slow Cooker, Multi Cooker, Pressure Cooker, and Deep Fryer Top 500 Instant Pot Pressure Cooker Recipes: (Fast Cooker, Slow Cooking, Meals, Chicken, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, Paleo, Dinner) Rice Cooker Recipes: 50+ Rice Cooker Recipes - Quick & Easy for a Healthy Way of Life (Slow cooker recipes - rice cooker - recipes) The Big Book of Pressure Cooker Recipes: More Than 500 Pressure Cooker Recipes for Fast and Flavorful Meals Electric Pressure Cooker: 365 Quick & Easy, One Pot, Pressure Cooker Recipes For Easy Meals Electric Pressure Cooker Cookbook: 25 Best Electric Pressure Cooker Recipes for Busy People The Ultimate Rice Cooker

Cookbook: The Best Rice Cooker Recipes Cookbook You Will Find; Over 25 Mouthwatering Rice Cooker Recipes You Will Love! Vegan: 100 Delicious Recipes For The Beginner Vegan,: Lean Meals, Diet Plans,slow cooker,recipes (vegan cookbook,vegan diet,vegan recepies,vegan ice cream,vegan ... cooker,vegan protein powder,vegan protein) Vegan Under Pressure: Perfect Vegan Meals Made Quick and Easy in Your Pressure Cooker Cooking Under Pressure: The Most Complete Pressure Cooker Cookbook and Guide The Complete INSTANT POT ONE POT Recipes Cookbook: 131 Healthy ONE POT Instant Pot Pressure Cooker Recipes For Every Mum (+Instant Pot Time Guide For Over 300 Recipes) Electric Pressure Cooker Guide and Cookbook: Starter Guide and 100 Delicious Recipes

[Dmca](#)